

**LOCKER ROOM NEWS**

“YOUTH SPORTS NEWSLETTER FOR YOUTH SPORTS FAMILIES”

PUBLISHED BY AYSA

**AYSA FOUNDING PARTNERS 2010**

**Hall of Fame**



**Ring of Honor**

Tommy Morris Agency  
AvFuel  
Communities of Abilene FCU  
Beltway Park Baptist  
HAM Marketing

**Major League**

Abilene Teachers Federal Credit Union  
Glynn Walker State Farm  
Abilene Aero  
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Your Ideas  
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Hicks Gill & Cannon PC  
CBS Insurance  
Citizens Bank  
First Financial Bank  
Law Offices of Sam J. Chase PC  
Sid & Pam Grant  
Sign-It!



*“The Abilene Youth Sports Authority is founded on Christian principles and exists to promote the highest ideals of teamwork, sportsmanship, honesty, trust, and respect for authority with the specific purpose of influencing kids and adults to become better individuals.”*



**JIM NED RED LADY INDIANS**

**Team Profile**

**Team Members:**

Lexi Tutt  
Bridget Morgan  
Savannah McClure  
Melissa Mayes  
Jordan Lovelady  
Blythe Weatherly  
M’Lee Graham  
Kayele Wilhelm  
Jennah Coffman  
Maggie Branch  
Hannah Miller

**Team Biography:**

The Lady Indians won 2nd Place in the High School division of the 2010 Prime Time Sports Summer Hoops Tournament hosted by AYSA in Abilene on June 18-20.



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Published by AYSA  
August 2010



**2010 AYSA/FCA FOOTBALL CAMP**

The LRN is provided free to the youth leagues through the participation of AYSA Founding Partners and local advertisers. Please join us as we provide this incredible asset to youth sports in Abilene.

For more information about advertising contact Jon Smith at 692-2972 or [jsmith@abileneysa.org](mailto:jsmith@abileneysa.org).



To submit Player Profiles visit [www.abileneysa.org/player-profile.php](http://www.abileneysa.org/player-profile.php)

# YOUTH LEAGUE SPOTLIGHT

## KEY CITY HOCKEY ASSOCIATION

Abilene's Home for Inline Hockey



The KCHA goal is to provide a safe learning environment for the youth of Abilene and the surrounding area to experience a nontraditional West Texas Sport.

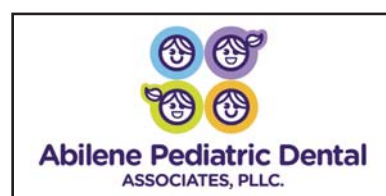
Register for the 2010 Fall Season!  
August 17<sup>th</sup> & August 26<sup>th</sup>  
AYSA Office 6-8pm

Boys and Girls Ages 5-18

\$60 + Expenses for Equipment

No-Check Hockey

Games are played at the Jimmy Hoffman Arena in Cal Young Park (T&P Lane)



# 2010 District 5 Champions



10-11 Year Old - Wylie



Junior League - Sweetwater



Senior League - Wylie



11-12 Year Old - Dixie



9-10 Year Old - Sweetwater

# Instant Replay

Recycled Youth Sports Equipment Shop



**QUALITY USED SPORTS EQUIPMENT AT GARAGE SALE PRICES!**



**Knee/Shin Pads \$3**



**Sports Socks \$.50**



**Helmets \$3**



**Baseballs/Softballs \$1**



**Pants \$4**



**Miscellaneous**



Your equipment donations are tax-deductible!

1135 EN 10th Abilene, TX 79601 (325) 692-2972  
9am - 5pm Monday - Friday

### Five Ways to Avoid Sports Injuries

- 1. Wear protective gear, such as helmets, protective pads, and other gear.**  
Protective gear is anything you wear that helps keep you from getting hurt. The gear you wear depends on the sport you play.
- 2. Warm up and cool down.**  
It's not a good idea to just bolt on to the field and start playing. You shouldn't even start stretching until you're a little warmed up. So take a light jog to get loosened up and ready to play
- 3. Know the rules of the game.**  
When players know the rules of the game — what's legal and what's not — fewer injuries happen. You and the other players know what to expect from each other.
- 4. Watch out for others.**  
Some rules don't have anything to do with scoring points or penalties. Some rules are just about protecting other people and being courteous.
- 5. Don't play when you're injured.**  
If you love sports, it's tempting to get right back in the game, even after an injury. But playing when you're hurt — or before an injury has had a chance to fully heal — is a bad idea.

### Healthy Family Snacks

- Put sliced apples, berries, or whole-grain cereal on top of low-fat plain yogurt
- Put a slice of low-fat or fat-free cheese on whole-grain crackers
- Make a whole-wheat pita pocket with hummus, lettuce, tomato, and cucumber
- Pop some low-fat popcorn
- Microwave or toast a soft tortilla with low-fat cheese, sliced peppers, and mushrooms to make a mini-burrito or quesadilla
- Blend low-fat milk with a banana or strawberries and some ice for a smoothie

[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

## Abilene Youth Recreational Leagues Calendar August 2010

Sport	Contacts	Registration Dates	Season Begins	Season Ends
<b>BASEBALL</b>				
Abilene North JR/SR Sears Park	Andy Robinson 864-1087	January - March	Late March	June
Abilene South JR/SR Redbud Park	Libby Nunez 320-1290	January - March	Late March	June
Cedar Creek LL Will Hair Park	Bret Bourland (P) 672-2771	January - March	April	June
Cylde LL	Glenn Santos 325-201-3642	January-March	March	July
Dixie LL Jackson Park	Ron Adkins 668-0913	January - March	April	June
Key City LL Cal Young Park	Tim Miller (P) 677-0743	January - March	April	June
Merkel LL	Delbert Russell (P) 325-928-4475	January - March	March	June
Northern LL Sears Park	Fred Garcia (P) 864-3479	January - March	April	June
Southern LL Redbud Park	Ricky Stanford (P) 669-4142	January - March	April	June
Wylie LL/JR/SR Kirby Lake Park	Keith Dodderer (P) 660-2477	January - March	April	June
<b>BASKETBALL</b>				
Abilene Youth Basketball Association	Kyle Pierce(P) 677-3669 Wes Davis 673-7090	9/25/10 10am-1pm 9/28/10 6:30pm-8:30pm 9/30/10 6:30pm-8:30pm 10/2/10 10am-1pm 10/5/10 6:30pm-8:30pm	November	February
<b>FOOTBALL</b>				
All Texas Youth Football Lee Complex	Horace Lopez (P) 518-8647 Marvin Patterson 627-3871	May - July	August	November
Big Country Youth Football Curley Hayes Field	Alan Bailey (VP) 370-3953 Celeste Cooper 829-9843	May - July	August	November
<b>IN-LINE HOCKEY</b>				
Key City Hockey-Spring Cal Young Park	Roger Niehaus (P) 669-1230	January - March	March	May
Key City Hockey-Fall Cal Young Park	Roger Niehaus (P) 669-1230	August 17th & August 26th 6-8pm	September	November
<b>SOCCER</b>				
Big Country Soccer-Spring Abilene National Soccer Complex	BCSA Office 676-1447		February	April
Big Country Soccer-Fall Abilene National Soccer Complex	BCSA Office 676-1447	July 12 - 23, 11am -3pm	September	October
<b>SOFTBALL</b>				
<b>GIRLS / BOYS</b>				
Abilene Boys Softball UGSA Girls Softball Scarborough Park	Brian Seeley (P) 201-4656 Precious Reid 672-1077	January - March	April	June
Abilene North Girls Softball Will Hair Park	Randy Castillo (P) 439-4796 Jack Guzman 370-7522	January - March	April	June
Abilene Fastpitch Girls Softball Assoc. Redbud Park	Bill Black (P) 725-2997 Amanda Esquivel 232-6357	January - March	April	June
Wylie Girls Softball Lake Kirby Park	Chris Garrison 280-1209 Renee McClellan 260-9085	January - March	Late March	Late May

facebook

[www.facebook.com](http://www.facebook.com)  
Abilene Youth Sports Authority

twitter



[www.twitter.com](http://www.twitter.com)  
Abileneysa



[www.myspace.com/abileneysa](http://www.myspace.com/abileneysa)

# LEAGUE NEWS

"LRN is Published Every Other Month - 6 Issues Per Year"

## ABILENE NORTH JR/SR BASEBALL

(Sears Park)

President: Andy Robinson  
Contact: 325-864-1087

Feeder Leagues: Cedar Creek LL, Northern LL

News:

## ABILENE SOUTH JR/SR BASEBALL

(Redbud Park)

President: Libby Nunez  
Contact: 320-1290

Feeder Leagues: Dixie LL, Key City LL, Southern LL

News:

## DIXIE LITTLE LEAGUE BASEBALL

(Jackson Park)

President: Ron Adkins  
Contact: 325-668-0913

School Zones: Austin, Bonham, Reagan

News:

## CEDAR CREEK LITTLE LEAGUE BASEBALL

(Will Hair Park)

President: Brett Bourland  
Contact: 672-2771

School Zones: College Heights, Johnston, Lee, Taylor

News:

## KEY CITY LITTLE LEAGUE BASEBALL

(Cal Young Park)

President: Tim Miller  
Contact: 677-0743

School Zones: Bowie, Thomas

News:

## NORTHERN LITTLE LEAGUE BASEBALL

(Sears Park)

President: Fred Garcia  
Contact: 325-864-3479

School Zones: Fannin, Long, Ortiz

News:

## BIG COUNTRY SOCCER ASSOCIATION

(Abilene National Soccer Complex)

President: Mitch McVey  
BCSA Office: 676-1447 or

Officestaff@bigcountrysoccer.org

Spring Season: February - April

Fall Season: September - November

## SOUTHERN LITTLE LEAGUE BASEBALL

(Redbud Park)

President: Ricky Stanford  
Contact: 669-4142

School Zones: Bassetti, Jackson, Ward

News:

## WYLIE LL/JR/SR BASEBALL

(Kirby Lake Park)

President: Keith Dodderer  
Contact: 660-2477

School Zones: Wylie Schools

News:



# LEAGUE NEWS

"LRN is A Timely Publication For Every Upcoming League Season"

## ABILENE YOUTH BASKETBALL ASSOCIATION

(Various Community Park Gyms)

President: Kyle Pierce: 677-3669  
Contact: Wes Davis: 673-7090

Boys and Girls ages 7 - 12

News: 2010 Fall AYBA Season

Registrations:

Rose Park Adaptive Recreation Serv. Building (2609 S. 7th)

Sept. 25th: 10am-1pm

Sept. 28th: 6:30pm-8:30pm

Sept. 30th: 6:30pm-8:30pm

Oct. 2nd: 10am-1pm

Oct. 5th: 6:30pm-8:30pm

PLAYER EVALUATIONS:

Rose Park Rec. Center (2601 S. 7th)

October 9th & 16th

SEASON:

Practice: Nov. 1st - Feb. 18th

Games: Nov. 29th - Feb. 22nd

## KEY CITY HOCKEY ASSOCIATION

President: Roger Niehaus 325-669-1230

Contact: keycityhockey@sbcglobal.net

News: Registration: August 17th & August 26th  
AYSA Office 6-8pm Boys and Girls  
Ages 5-18 \$60 + expenses for equipment

## ABILENE NORTH SOFTBALL

(Will Hair Park)

President: Randy Castillo 439-4796  
Contact: Jack Guzman 370-7522

News: BEAT THE HEAT TOURNAMENT

August 13-15, 2010

4 Game Guarantee

Team Entry: \$175 + \$12.50 Ump Fee per Game

Divisions: U6; U8; U10; U12

For Information: 325-439-4796

2010 FALL BALL REGISTRATION

Every Saturday in August 10am-2pm

Will Hair Park Concession Stand

Girls ages 5-12 years

Fee: returning players-\$35, new players-\$45

## ABILENE BOYS/UNITED GIRLS SOFTBALL

(Scarborough Park)

President: Brian Seeley 201-4656

Contact: Precious Reid 672-1077

## ABILENE FASTPITCH SOFTBALL ASSOCIATION

(Redbud Park)

President: Bill Black 725-2997

Contact: Amanda Esquivel 232-6357

## WYLIE GIRLS SOFTBALL

(Kirby Lake Park)

President: Chris Garrison 280-1209  
Contact: Renee McClellan 260-9085

## ALL TEXAS YOUTH FOOTBALL

(Lee Complex)

President: Horace Lopez 518-8647

Contact: Marvin Patterson 647-4629

## WEST TEXAS YOUTH FOOTBALL

(Curley Hayes Field)

President: Ron Atkins 338-5631

Vice President: Alan Bailey 370-3953

Contact: Celeste Cooper 627-6185

News: West Texas Youth Football (Formerly BCYF) has a new name and a new game! We are working hard to offer the best youth football experience in West Texas!

August 14: Pre-Season games begin  
September 4th: Regular season games begin

